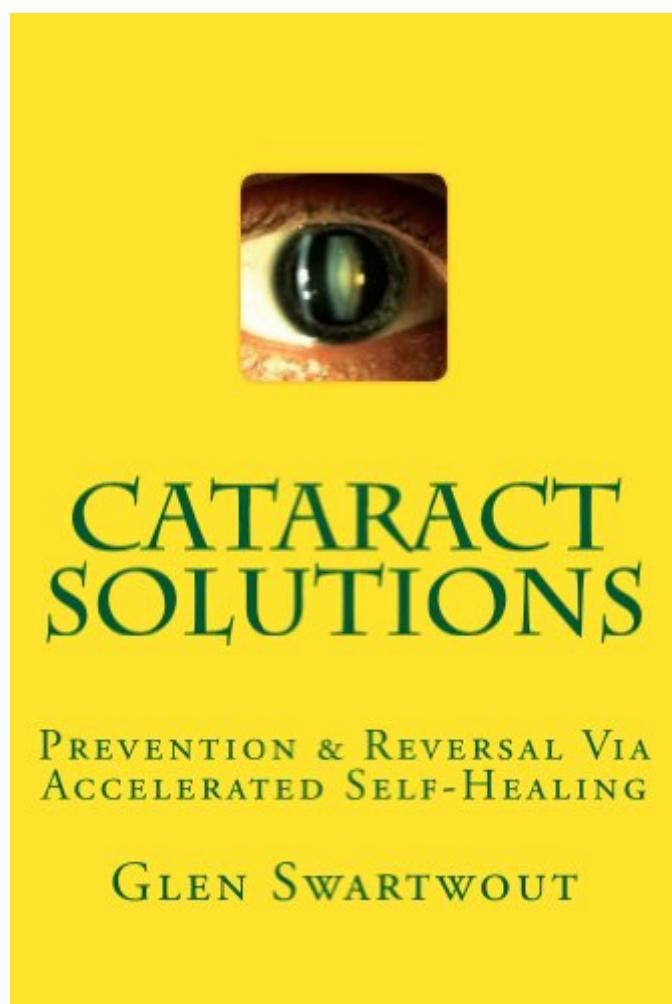


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# **Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing (Natural Eye & Vision Care Book 4)**



## **Synopsis**

Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing is a comprehensive guide to the science and art of healing cataracts naturally, using nutrition, herbs, homeopathy and light therapy. This book has been useful to support successful self-healing, as well as being a useful reference guide for caregivers, healers and holistic physicians. Dr. Swartwout shares three decades of accumulated knowledge, having helped hundreds of people avoid the most common surgery in Medicare. The best news is that when you improve your eye health naturally, not only is vision restored, but years and quality are added to your life. Modern surgery is wonderful, but it does not remove the underlying causes of cataract, which continue to affect the whole body. That is why the average life expectancy after cataract surgery is a mere 5 years. This is not generally thought about or talked about because the focus of our modern medical industry is on heroic intervention, with precious little time spent educating patients about health maintenance and primary disease prevention.

## **Book Information**

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## **Customer Reviews**

Many people as they age get cataracts and have surgery to correct the problem. What if there was another way to prevent and reverse cataracts? Would you be interested in learning the secret? I would jump at the chance to learn the secret! Glen Swartwout is going to tell you how you can self-heal your cataracts in his ebook called, Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing! It's a comprehensive guide to the science and art of healing cataracts naturally, by using nutrition, herbs, homeopathy and light therapy. Caregivers, healers and holistic physicians have used this book as a reference guide, plus many people have self-healed themselves of cataracts! I received a copy of the ebook, Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing! I was very impressed with this book! Dr. Swartwout shares three decades of accumulating knowledge and has helped hundreds of people avoid getting cataract surgery! He will teach you what causes cataracts, tell you what vitamins, minerals and herbs to take, plus tell you what to avoid! With all of this detailed information, not only will your cataracts heal, but you'll add years and quality to your life! My husband had cataract surgery years ago, so I know how cataracts affect your health and how the surgery affects your eyes, as well as your health. The Optometrist told me I have mild cataracts in both eyes. I decided that I do not want any kind of surgery, so I'm going to do the self-healing, with all the great advice from this book to heal my own cataracts! This book is very informative! I did know about some of the vitamins, minerals and herbs that could help your eyes, but Dr. Swartwout goes into great detail about what supplements compliment each other and what doesn't.

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